

Application Process

Intern + Trainee Applicants

1. Confirming eligibility
 - Trainee – a graduate with a related degree and at least 1 year of relevant work experience outside the U.S. – OR – 5 years of relevant work experience outside the U.S.
 - Intern – a current university student or recent graduate pursuing a program related to the field of study (university must be outside the U.S.)
2. Securing a host company
 - Cenet currently provides limited [placements](#) for the Intern + Trainee programs.
 - You can secure your own host company and then apply for sponsorship.
3. If you meet the eligibility requirements and have already secured a host company, please complete an online [Trainee application](#) or [Intern application](#) and upload the following documents **at least 4-6 weeks before your planned program start date**:
 - A copy of your resume
 - A copy of your passport's biographical information page(s)
 - Employment verification/reference letters (only required for Trainees)
 - Must prove one year of relevant work experience if you have a degree, or
 - Must prove five years of relevant work experience if no degree
 - A copy of your degree (if required)
 - A financial document proving access to the equivalent of at least \$2,000
 - A completed, signed copy of the DS-7002 Training/Internship Placement Plan* created by your host employer
 - Host employer information/agreement form* provided by your host employer
4. Cenet will conduct a site visit at the company if there are fewer than 25 employees at the training site or if the company earns less than \$3 million in annual revenue.
5. Once the application has been processed, Cenet will schedule an online orientation.
6. After successful completion of the orientation interview and payment of program fees, Cenet will issue the DS-2019 "Certificate of Eligibility" form, which is required to begin the visa application process with your local U.S. consulate or embassy.
7. You will be expected to pay a separate fee to complete the DS-160 online application to schedule your visa interview. Make sure to keep Cenet informed of your visa interview status and arrival plans.

*These documents can be found under [Intern + Trainee Resources](#) on the Cenet website.
